<table>
<thead>
<tr>
<th>Class #</th>
<th>Attend Verification</th>
<th>Techniques</th>
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<tbody>
<tr>
<td>K1</td>
<td></td>
<td>Pinan Shodan 1/3</td>
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<td>K2</td>
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<td>Pinan Shodan 2/3</td>
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<td>K3</td>
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<td>Pinan Shodan 3/3</td>
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<tr>
<td>K4</td>
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<td>Karate Head-Block 1/2</td>
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<tr>
<td>K5</td>
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<td>Karate Outside-Block 1/2</td>
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<td>K5</td>
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<td>Karate Inside-Block 1/2</td>
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<td>K7</td>
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<td>Karate Down-Block 1/2</td>
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<td>K8</td>
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<td>Karate Chop-Block 1/2</td>
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<td>K9</td>
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<td>Karate “X”- Block 1/2</td>
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<td>K10</td>
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<td>Sparring Sweep Combo</td>
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<td>K11</td>
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<td>Sparring Mix Combo</td>
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<td>(Spar Combo #5, F. Leg Front Kick, Chop, Rev. Punch)</td>
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<td>K12</td>
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<td>Sparring Pressure Combo</td>
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<td>(Spar Combo 5, Front, F. Kick, Rev Punch)</td>
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<tr>
<td>K13</td>
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<td>CSD Principles</td>
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<tr>
<td></td>
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<td>(Dodgeball 8 directions of movement, closest weapon, closest target)</td>
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<tr>
<td>B1</td>
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<td>Trap and Roll Escape</td>
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<td>Say Your Prayers &amp; Sit up and Hug</td>
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<tr>
<td>B2</td>
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<td>Americana Armlock</td>
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<td>“Mouse Trap” Americana Arm control</td>
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<td>B3</td>
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<td>Positional Control - Mount</td>
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<td>Low &amp; High Swim</td>
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